

MARKET LANE

VEGAN LUNCH MENU

STARTERS

Today's soup with sourdough baguette €6.60

Sticky miso roast aubergine, hazelnut dukkah crust, tahini slaw, pickled mouli €8.90

Fondant sweet potato and quinoa salad, sugar snaps, hazelnut dukkah, beetroot puree, carrot hummus, sourdough croutons and lemon and lemon & poppy seed dressing €7.80

MAIN COURSES

House pita, spinach and chickpea falafel, beet and mooli slaw, butternut & tahini €8.30

Spiced bean, sweet potato and chickpea chilli, roast turnip and pickled red cabbage, brown basmati rice €15.60

Spinach and chickpea falafels with Cauliflower tabbouleh, fresh herbs, spring onions, pomegranate and spiced butternut and roast sweet potato wedges €15.60

Crispy tofu and chilli butternut salad, quinoa and pomegranate, sugar snaps, hazelnut dukkah, lemon & poppy seed dressing €13.00

SIDE DISHES

Cauliflower tabbouleh, fresh herbs, spring onions, pomegranate and spiced butternut €4.70

Sweet potato wedges with smoked paprika €4.70

Steamed root vegetables €4.10

Sautéed potatoes €3.90

Market Lane side salad €4.70

Brown basmati rice €3.70

DESSERTS

Mango sorbet with fresh pineapple and mango, toasted coconut and pomegranate €7.20

5/6 OLIVER PLUNKETT STREET CORK

OPENING TIMES: 12-LATE 6 DAYS. SUNDAYS 1PM-9:30PM. BOOKINGS TAKEN FOR PARTIES OF 6 OR MORE.

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