

# MARKET LANE

## VEGAN LUNCH MENU

Today's soup with sourdough baguette €6.30

Crispy Tofu with sambal roast cauliflower and kimchi salad  
€7.80

House pita, spinach and chickpea falafel, beet and mooli slaw,  
butternut & tahini €8

Lentil and chickpea chilli with cinnamon, root veg and roast  
tomatoes, giant cous cous, tomato, red onion, mint and  
toasted cashews €15

Quinoa and tofu with pomegranate, sugar snaps, hazelnut  
dukkah, chilli and orange dressing €12

### SIDE DISHES

Chunky hand-cut chips €3.90

Giant cous cous, chickpeas, tomato, mint, spiced butternut and  
tahini €4.50

Sweet potato wedges with smoked paprika €4.50

Steamed root vegetables €3.90      Sautéed potatoes €3.70

Ras el Hanout cous cous pickled onion and pomegranate €4.50

Market Lane side salad €4.50

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### DESSERTS

Vegan Raspberry Mousse with chocolate & coconut cream,  
fresh raspberries and chocolate and almond crumble €6.90

Mango and passion fruit sorbet with fresh fruits €6.50

5/6 OLIVER PLUNKETT STREET CORK

OPENING TIMES: 12-LATE 6 DAYS. SUNDAYS 1PM-9:30PM. BOOKINGS TAKEN FOR PARTIES OF 6 OR MORE.

T 021 427 4710   E INFO@MARKETLANE.IE   W MARKETLANE.IE   F /MARKETLANECORK   T @MARKET\_LANE   @ MARKETLANECORK

# MARKET LANE

## VEGAN DINNER MENU

### STARTER

Today's soup with sourdough baguette €6.30

Fondant sweet potato and quinoa salad, sugar snaps, hazelnut dukkah, beetroot puree, sourdough croutons and chilli and orange dressing €7.50

Crispy Tofu with sambal roast cauliflower and kimchi salad  
€7.80

### MAIN COURSES

Lentil and chickpea chilli with cinnamon, root veg and roast tomatoes, giant cous cous, tomato, red onion, mint and toasted cashews €15

Spinach and chickpea falafels with coconut, lentil and mung bean dahl, carrot and courgette ribbons, green papaya chutney  
€15.90

Quinoa and tofu with pomegranate, sugar snaps, hazelnut dukkah, chilli and orange dressing €12.50

Vegan moussaka with spiced lentils, aubergine, sliced potato and tomatoes, and a fennel, orange, and toasted almond salad  
€16.50

### SIDE DISHES

Chunky hand-cut chips €3.90  
giant cous cous, chickpeas, tomato, mint, spiced butternut and tahini €4.50

Sweet potato wedges with smoked paprika €4.50  
Steamed root vegetables €3.90      Sautéed potatoes €3.50  
Market Lane side salad €4.50

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### DESSERTS

Vegan Raspberry Mousse with chocolate & coconut cream, fresh raspberries and chocolate and almond crumble €6.90

Mango and passion fruit sorbet with fresh fruits €6.50

5/6 OLIVER PLUNKETT STREET CORK

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