

MARKET LANE

VEGAN LUNCH MENU

STARTERS

Today's soup with sourdough baguette €6.30

Crispy Tofu with sambal roast cauliflower and kimchi salad €8

Fondant sweet potato and quinoa salad, sugar snaps, hazelnut dukkah, beetroot puree, carrot hummus, sourdough croutons and lemon and lemon & poppy seed dressing €7.50

House pita, spinach and chickpea falafel, beet and mooli slaw, butternut & tahini €8

Spiced bean, sweet potato and chickpea stew, sautéed Portobello mushrooms, brown basmati rice €15

Spinach and chickpea falafels with giant cous cous salad, tomato, mint, spiced butternut and tahini and roast sweet potato wedges €15

Crispy tofu and chilli butternut salad, quinoa and pomegranate, sugar snaps, hazelnut dukkah, lemon & poppy seed dressing €12.50

SIDE DISHES

Chunky hand-cut chips €3.90

giant cous cous, chickpeas, tomato, mint, spiced butternut and tahini €4.50

Sweet potato wedges with smoked paprika €4.50

Steamed root vegetables €3.90 Sautéed potatoes €3.70

Market Lane side salad €4.50 Brown basmati rice €3.50

DESSERTS

Mango sorbet with fresh pineapple and mango, toasted coconut and pomegranate €6.90

5/6 OLIVER PLUNKETT STREET CORK

OPENING TIMES: 12-LATE 6 DAYS. SUNDAYS 1PM-9:30PM. BOOKINGS TAKEN FOR PARTIES OF 6 OR MORE.

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