

MARKET LANE

VEGAN DINNER MENU

STARTER

Today's soup with sourdough baguette €6.30

Fondant sweet potato and quinoa salad, sugar snaps, hazelnut dukkah, beetroot puree, carrot hummus, sourdough croutons and lemon & poppy seed dressing €7.50

Crispy Tofu with sambal roast cauliflower and kimchi salad €8

MAIN COURSES

Manchurian spiced cauliflower & potato, kale, tofu and tahini flan, roasted cashew nuts €16.90

Spiced bean, sweet potato and chickpea stew, sautéed Portobello mushrooms, brown basmati rice €16

Spinach and chickpea falafels with giant cous cous salad, tomato, mint, spiced butternut and tahini and roast sweet potato wedges €16

Crispy tofu and chilli butternut salad, quinoa and pomegranate, sugar snaps, hazelnut dukkah, lemon & poppy seed dressing €13.50

SIDE DISHES

Chunky hand-cut chips €3.90

giant cous cous, chickpeas, tomato, mint, spiced butternut and tahini €4.50

Sweet potato wedges with smoked paprika €4.50

Steamed root vegetables €3.90 Sautéed potatoes €3.50

Market Lane side salad €4.50

DESSERTS

Mango sorbet with fresh pineapple and mango, toasted coconut and pomegranate €6.90

5/6 OLIVER PLUNKETT STREET CORK

OPENING TIMES: 12-LATE 6 DAYS. SUNDAYS 1PM-9:30PM. BOOKINGS TAKEN FOR PARTIES OF 6 OR MORE.

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